

# HAPPY NEW YEAR 2025

## CALENDAR DATES 2025

17 <sup>th</sup> JANUARY 2025 9am to 10am	WHOLE SCHOOL MATHS WORKSHOP FOR ALL PARENTS/CARERS Details sent via the SchoolAPP 7.1.25 – please complete the form via the SchoolAPP if you wish to attend
23 <sup>rd</sup> JANUARY 2025 5pm to 6pm	EARLY YEARS NIGHT WALK Details to follow
28 <sup>th</sup> JANUARY 2025	EARLY YEARS HEARING TEST Details emailed 11.11.24 – please follow instructions in the NHS letter
28 <sup>th</sup> JANUARY 2025 9:05am to 10:05am	CAHMS MHST COFFEE MORNING Please see the poster below for all details
4 <sup>th</sup> FEBRUARY 2025	EARLY YEARS – HERRING GREEN OWL VISIT Details to follow
17 <sup>th</sup> FEBRUARY 2025 to 21 <sup>st</sup> FEBRUARY 2025	HALF TERM – SCHOOL CLOSED
6 <sup>th</sup> MARCH 2025	WORLD BOOK DAY Details to follow
1 <sup>st</sup> APRIL 2025	WHOLE SCHOOL CLASS PHOTOS
12 <sup>th</sup> & 13 <sup>th</sup> MAY 2025	YEAR 4 KINGSWOOD GREEN PARK Further details to follow



*On behalf of all our  
Beaudesert Staff....  
A big thank you to everyone for our lovely  
Christmas gifts!*

## Staff Update KS1

We would like to advise you of the temporary KS1 changes. We have made these changes so that the children benefit from continuity for their learning. This will affect Years 1 and 2 in the first instance. Whilst we are awaiting the recruitment of another permanent member of staff Mrs Pearce has ensured the children will have familiar faces teaching their classes.

HELLO!

# Coffee Morning

## COME AND MEET THE CAMHS MHST



**28TH JANUARY 2025**  
**09:05AM-10:05AM**

Come and meet Harley from the  
Mental Health Support Team  
(MHST) at Beaudesert Lower  
School.



Join us for a coffee to find out  
more about us and our service.



**East London**  
NHS Foundation Trust

# Leighton Buzzard Children's Centre



**Do you have a child aged between 2-10 years. Would you like to attend a FREE five-week course.**

**The course focuses on strategies for managing children's behaviour with positive parenting, leading to good emotional wellbeing within the family.**

**The course starts on Wednesday 16<sup>th</sup> January at 12.45pm-2.45pm.**

**To book a space please call 0300 300 8880 or send us a message via our Facebook page.**

Central Bedfordshire Community Access Service

# Upcoming Events

Central Beds Mental Health Support Teams  
Online Workshops  
for Parents & Caregivers

<p><b>OCT</b> <b>16</b></p> <p><i>Emotionally Based School Avoidance - for parents &amp; caregivers</i></p> <p>5-6 PM</p>	<p><b>JAN</b> <b>15</b></p> <p><i>Sleep Hygiene - for parents &amp; caregivers</i></p> <p>5-6PM</p>	<p><b>APRIL</b> <b>30</b></p> <p><i>Helping Your Child with Exam Stress - for parents &amp; caregivers</i></p> <p>5-6 PM</p>
<p><b>MAR</b> <b>04</b></p> <p><i>Understanding Worries in Children - for parents &amp; caregivers</i></p> <p>5-6 PM</p>	<p><b>JUNE</b> <b>18</b></p> <p><i>Supporting School Transitions - for parents &amp; caregivers</i></p> <p>11 AM - 12 PM</p>	<p><b>JUL</b> <b>08</b></p> <p><i>Supporting School Transitions - for parents &amp; caregivers</i></p> <p>5-6 PM</p>


**NHS**  
 East London  
 NHS Foundation Trust




Sleep Hygiene Link:

[https://www.eventbrite.co.uk/e/sleep-hygiene-for-children-and-young-people-tickets-983921464587?utm\\_source=e-shot&utm\\_medium=email&utm\\_campaign=Leighton+Buzzard+Family+Bulletin+10.01.2025&es\\_c=60C3323FA8607054BC4E27866CD0AE6E&es\\_cl=F03F5E8043F61A19AB65B929F543CE2C&es\\_id=p48%c2%a377](https://www.eventbrite.co.uk/e/sleep-hygiene-for-children-and-young-people-tickets-983921464587?utm_source=e-shot&utm_medium=email&utm_campaign=Leighton+Buzzard+Family+Bulletin+10.01.2025&es_c=60C3323FA8607054BC4E27866CD0AE6E&es_cl=F03F5E8043F61A19AB65B929F543CE2C&es_id=p48%c2%a377)

Understanding Worries in Children Link:

[https://www.eventbrite.co.uk/e/understanding-worries-in-children-and-young-people-tickets-983991343597?utm\\_source=e-shot&utm\\_medium=email&utm\\_campaign=Leighton+Buzzard+Family+Bulletin+10.01.2025&es\\_c=60C3323FA8607054BC4E27866CD0AE6E&es\\_cl=56C1F8781340F5D854D03E4EDE1AC33B&es\\_id=p48%c2%a377](https://www.eventbrite.co.uk/e/understanding-worries-in-children-and-young-people-tickets-983991343597?utm_source=e-shot&utm_medium=email&utm_campaign=Leighton+Buzzard+Family+Bulletin+10.01.2025&es_c=60C3323FA8607054BC4E27866CD0AE6E&es_cl=56C1F8781340F5D854D03E4EDE1AC33B&es_id=p48%c2%a377)

Exam Stress Link:

[https://www.eventbrite.co.uk/e/helping-your-child-with-exam-stress-tickets-983991383717?utm\\_source=e-shot&utm\\_medium=email&utm\\_campaign=Leighton+Buzzard+Family+Bulletin+10.01.2025&es\\_c=60C3323FA8607054BC4E27866CD0AE6E&es\\_cl=39B77A425C6DCA61ABB4E1D60A08AC20&es\\_id=p48%c2%a377](https://www.eventbrite.co.uk/e/helping-your-child-with-exam-stress-tickets-983991383717?utm_source=e-shot&utm_medium=email&utm_campaign=Leighton+Buzzard+Family+Bulletin+10.01.2025&es_c=60C3323FA8607054BC4E27866CD0AE6E&es_cl=39B77A425C6DCA61ABB4E1D60A08AC20&es_id=p48%c2%a377)



## Leighton Buzzard Locality Bulletin for families

**The latest news from the Leighton Buzzard Locality**

**In this week's bulletin:**

- Parent Puzzle Course - Leighton Buzzard Children's Centre
- Recovery College - Spring Prospectus available
- SNAP Online Training
- Children's Occupational Therapy Service
- SENDIASS - Spring Term Parent Online Workshops
- Supporting and Progressing Families (SPF) course - New Dates
- CAMHS - Parent Webinars
- Understanding Masking Behaviours of Children that are Neurodiverse - Parent Workshops
- Understanding emotions and behaviour of children who are Neurodiverse (Special Educational Needs and/or Disabilities) - Parent workshops

To access any of the information in the above bulletin please click on the following link:

<https://news.updates.centralbedfordshire.gov.uk/NLI/ViewHtmlEmail.aspx?a=1CFC455BC44BA79DCB0AED0DDBC91588&b=3D3BFF8A840BB243F9AA607E0294AA25>





WADDESDON

A Rothschild House & Gardens

**Waddesdon Free Entry – please go to their website for full details and how to book your entry:**

<https://waddesdon.org.uk/whats-on/winter-weekends/>



[View gallery](#)

WHAT'S ON ▶

Gardens

Winter Weekends

Sat & Sun from 11 Jan until 9 Feb

10am-4pm

Grounds

Free entry & free parking

[Book now](#)

Enjoy a walk and admire the beauty of the gardens in wintertime.

Every Saturday and Sunday from 11 January until 9 February, the grounds of Waddesdon are open and free of charge for everyone to enjoy.

In the Pleasure Grounds, keep an eye out for winter aconites and hellebores which may be just starting to appear and enjoy rarely visible views across Aylesbury Vale before the trees come into leaf. It's a great time for those interested in exploring, getting fit, photography or simply for spending time with loved ones.

During your visit, you can enjoy takeaway food, cake, and coffee from the Coffee Bar or Stables Takeaway.



# What Parents & Educators Need to Know about JUSTALK KIDS

## WHAT ARE THE RISKS?

JustTalk Kids is a child's version of the JusTalk app – a highly popular social networking platform – designed for users up to 13 years of age, allowing them to video call, message and participate in group chats. While adults can link their own JusTalk account to their child's and make use of parental controls, it's important to understand the risks associated with the app.

### SUBSCRIPTION FOR PREMIUM ACCESS

While JusTalk Kids is free, there's the option to subscribe to a kids' premium account or a premium family account. At a cost, this feature allows children to have access to more fun features such as games they can play with others in a call; exclusive stickers; a badge denoting them as a premium subscriber; and exclusive ringtones and themes.

### RESISTANCE TO CONTROLS

JusTalk Kids endeavours to allow children the sense of having a chat-based app while allowing parents to set controls (within the app or from their own adult JusTalk account). The basis behind this is positive; however, some children are challenging their parents by refusing to use JusTalk Kids, preferring to use the adult version without any restrictions in place.

### KNOWING THE PARENT PASSCODE

After downloading JusTalk Kids, parents can set a passcode which users must enter to add contacts. The parental controls help to manage which content can be viewed and who children can add as a contact: this then allows children to chat with friends in a controlled environment. However, prospective contacts don't have to know a specific username. In theory, someone could type in a random name and then add them as a friend.

### POTENTIAL DATA LEAKS

JusTalk and JusTalk Kids claim to be secure and encrypted, going so far as to state that even the developers themselves won't access your data. However, a security lapse in 2022 highlighted that messages were not in fact encrypted – leading to concerns around the security of the app and the transparency of the development team.

### CYBERBULLYING

Online chats can provide a sense of anonymity, leading some users to post things which they wouldn't normally say in person. Combined with the option of group chats, there's a risk that young people might join in with this kind of behaviour, escalating it further and potentially turning what should be a fun experience into something deeply negative.

### TOO MUCH SCREEN TIME

A report by the UK Parliament Education Committee highlighted a 52% increase in children's screen time between 2020 and 2022 – as well as finding that 25% of children used their smartphones in a manner consistent with screen addiction. Introducing children to social networking apps when they're too young can lead to bad digital habits and a reliance on technology from an early age.

## Advice for Parents & Educators

### JUSTIFY THE CONTROLS

If parents allow their child to use JusTalk Kids, they should explain that they're putting parental controls in place to make the app safer. Make sure the child knows not to put their full name on the account and doesn't use a photo of themselves as their profile picture. This type of open discussion will help to ensure that a child is aware of the app's potential risks and knows how to reduce them.

### TALK ABOUT ONLINE FRIENDSHIPS

Young children could be excited to use this app. However, highlight that they must do so in a positive, respectful and responsible manner. While it can be easy to get caught up in a group chat, it's important to talk to others politely and call out any unpleasant behaviour. Discuss the importance of limiting their contacts to people they know in real life and use parental controls to enforce this.

### DOS AND DON'TS OF SHARING

Some children might not understand the potential dangers of oversharing online. Set clear guidelines around what is and isn't safe to share on the internet, and discuss the concept of a digital footprint. Children need to understand that the things they say and share online can never be completely erased. Even if they delete it themselves, it can be saved and distributed by others.

### ENCOURAGE OPEN COMMUNICATION

Apps like JusTalk can sometimes lend themselves to bullying behaviours. Parents should monitor what their child is sending and receiving, check in with them regularly and encourage them to share their feelings (both positive and negative) at home. Remind them that they can block a contact if someone is treating them disrespectfully.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/justalk-kids>



# REMINDERS

## Start & Finish Times for September 2024 – July 2025

Year	Start time	Finish time
Years 3 & 4	8.40am	3.00pm
Years 1 & 2	8.40am	3.00pm
Reception	8.40am	3.00pm

**PLEASE FOLLOW THE WAY SYSTEM AROUND THE SCHOOL, EVEN IF THIS MEANS YOU WALKING BACK AROUND THE BUILDING FOR A 2<sup>ND</sup> LAP.**



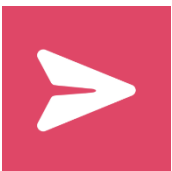
### **Change of contact details/address**

If you have changed your address or phone number recently, please let the school office know your new details. Thank you.



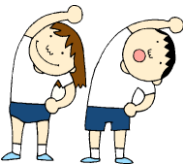
### **Absences/lateness**

***Can all parents ensure that all absences are reported to the School Office by 9.30am on the day of absence.*** It is also very important for the school to know if your child is sick, or if they have a medical appointment. If your child arrives into school late (after 8.45am), Parents are asked to please bring their child to the school office.



### **School App**

We now have a new school app. It is available to download free from the App Store on any mobile device. Search for '**reach more parents by weduc**'. Please be sure to download the app onto your phone as it will be our main method of communicating via text with Parents.



### **PE Kit**

**September 2024** – Please can all children bring in their PE kits at the beginning of the week so they can change into them during school time on their nominated days.



### **School Lunches**

Ordering and paying for school lunches is now done on [www.parentpay.com](http://www.parentpay.com). Parents should have received letters that features login details. Please order all school lunches by Thursday for the following week. If you have any queries, please call 01908 615705.

**Beaudesert has a strict 'No Nuts' policy, and we ask parents to not send in food items such as peanut butter, cakes or biscuits that may contain nuts!**





### **Breakfast Club and After School Club**

Advance bookings for **both the Breakfast club and After School Club** need to be made online at <https://www.kidzzoneclub.com/>. For same day bookings please can parents email [hello@kidzzoneclub.com](mailto:hello@kidzzoneclub.com) or call their office on 01525 591036 (between 9am and 3pm). Please note a parent/guardian must complete a 'Kidz Zone' child registration form either online via the website or with a member of the Kidz Zone team for the booking to be accepted – this information is required to meet Ofsted regulations.



### **Bikes and Scooters**

**Please can everyone remember to dismount bikes and scooters whilst on the school grounds, as accidents can occur on pathways at busy times.**



### **Car Parking**

Just a reminder for some parents when parking outside of the School that it is very important to park as considerately as possible. Parents and carers dropping their children off at school should not be parking on pavements. Car number plates may be reported to the Police if this continues to happen. Can parents also remember that parking in the Staff car park or the Kitchen car park is also not permitted. Thank you.