

6<sup>th</sup> September 2024

### CALENDAR DATES 2024

10 <sup>th</sup> SEPTEMBER 2024	NEW YEAR 1 ASTRONAUTS & ALIENS WORKSHOP Please complete your consent form via the School APP
12 <sup>th</sup> SEPTEMBER 2024	NEW YEAR 4 SWIMMING Emailed to advise 18.7.24 – further email confirmation sent 6.9.24
12 <sup>th</sup> SEPTEMBER 2024	NEW EARLY YEARS READING WORKSHOP Emailed letter 18.7.24 & letter sent home 6.9.24

**Further Calendar dates will follow next week....**



Mrs Pearce and all the Beaundesert Staff would like to say a **BIG THANKYOU** to everyone who sent in message, cards and gifts at the end of last term. Everyone was overwhelmed by your generosity!

**Thank you!**

### **Welcome to Beaundesert!**



**We would like to welcome  
Mr Douglas-Rose  
our new Year 3 Teacher  
to Beaundesert!**

# Help Required Please



**Is anyone able to help with the following:**

We are in need of some help rebuilding our wooden canopy in Katie's garden (see photo below). Also, is anyone able to supply the school with some ivy trellis so we can partition the area between Early Years and Year 1?

**If you are able to help Beaudesert please email the office on:**  
[office@beaudesert.school](mailto:office@beaudesert.school)

**Many thanks**



# Welcome to our new pupils and parents in Early Years!

We are so proud of how well the new children have settled into Beaudesert.....here are a few photos of them enjoying their lunches.....yum yum!





**It is lovely to see all the children settling into their new classes....**



4P



3DR



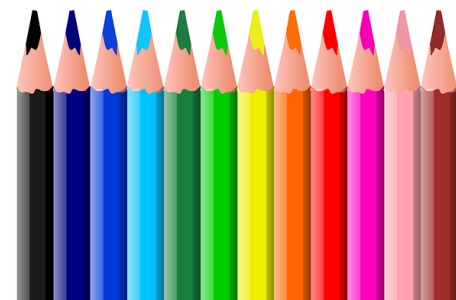
20



1M



1P





4G

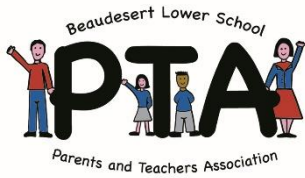


3J doing paired reading



2M





# BEAUDESERT PTA

Do you shop at Asda?

If so, help to raise funds for our school by signing up for the new Cashpot for Schools scheme.

How to do it:

Go to the Asda rewards app and opt in to the Cashpot for Schools scheme. Make sure you select Beaundesert Lower School.

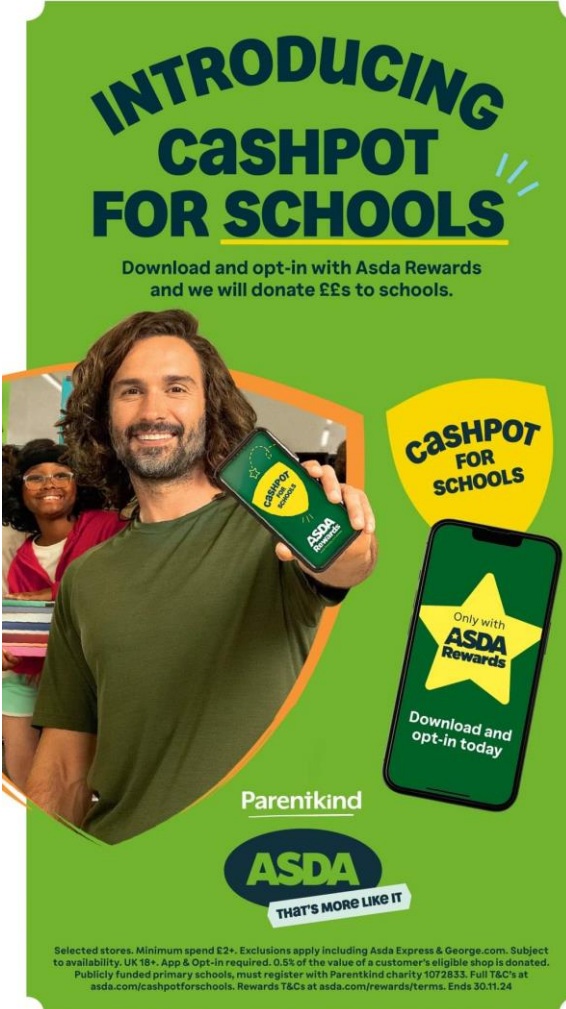
Every time you shop at Asda or George until November, they will add 0.5% of your spend to our money pot.

Even if you don't shop at Asda, please sign up as each person who registers will earn £1 for the school without spending a penny!

Please share with friends and family!

Thank you! 

<https://www.asda.com/cashpotforschools>



**INTRODUCING  
CASHPOT  
FOR SCHOOLS**

Download and opt-in with Asda Rewards  
and we will donate ££s to schools.

**CASHPOT  
FOR  
SCHOOLS**

Only with  
**ASDA  
Rewards**

Download and  
opt-in today

Parentkind  
**ASDA**  
THAT'S MORE LIKE IT

Selected stores. Minimum spend £2+. Exclusions apply including Asda Express & George.com. Subject to availability. UK 18+. App & Opt-in required. 0.5% of the value of a customer's eligible shop is donated. Publicly funded primary schools, must register with Parentkind charity 1072833. Full T&Cs at [asda.com/cashpotforschools](https://www.asda.com/cashpotforschools). Rewards T&Cs at [asda.com/rewards/terms](https://www.asda.com/rewards/terms). Ends 30.11.24



**MONDAY AFTER SCHOOL CLUB SESSION  
HERE AT BEAUDESERT LOWER SCHOOL**

**SEPTEMBER-OCTOBER 2024**

**YEAR 1, 2 & 3 AFTER SCHOOL CLUB,  
MONDAY, 3.00 - 4.00PM**

TERM DATES ARE AS FOLLOWS -

SEPTEMBER 9TH, 16TH, 23RD 30TH, OCTOBER 7TH, 14TH, 21ST.

THE COST WILL BE £5.00 PER SESSION RUNNING FOR 7 WEEKS. **£35.00 IN TOTAL.** THE CHILDREN WILL NEED PE KIT, WATER BOTTLE AND TRAINERS TO TAKE PART.

THERE ARE 16 PLACES AVAILABLE, FIRST COME FIRST SERVED BASIS. TO RESERVE A SPACE PLEASE E-MAIL US AT - [BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK](mailto:BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK)

SUBJECT HEADING - 'BEAUDESERT ASC'

PLEASE INCLUDE ON THE EMAIL -  
YOUR CHILDS NAME.

CLASS & YEAR GROUP.

EMERGENCY CONTACT NAME.

EMERGENCY CONTACT NUMBER.

ANY MEDICAL CONDITIONS.

ON YOUR CONFIRMATION EMAIL BACK, WE WILL FORWARD OVER PAYMENT DETAILS AND WAYS TO PAY. \*PLEASE NOTE\* - UNLESS YOU HAVE EMAIL CONFIRMATION BACK FROM US OF YOUR PLACE ON THE CLASS & PAYMENT IS MADE, YOUR SPACE IS NOT SECURED.

PLEASE BOOK ON QUICKLY AS SPACES ARE LIMITED. WE LOOK FORWARD TO A GREAT TERM OF FOOTBALL.

BRAZILIAN SOCCER SCHOOLS TEAM.



**TO BOOK PLEASE -**

**EMAIL: [BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK](mailto:BEDSBUCKS@BRAZILIANSOCCERSCHOOLS.CO.UK)**

**SUBJECT HEADING - 'BEAUDESERT ASC'**

## Online evening course to develop confident communication skills

Build confidence with speaking in professional and personal situations.

Register your interest to attend today!



### Confident Speaking course

Starting **Tuesday 10 September 2024** from 6pm to 8pm  
Virtual classroom on Microsoft Teams in the evening

## Build confidence with your speaking skills

If you feel a bit uneasy speaking in front of an audience or in one-to-one situations, this course is designed to assist you in developing valuable language skills and equip you with the tools you need to speak confidently in both professional and personal settings.

This course is suitable for anyone looking to feel more confident when speaking with others at work or in everyday life.

This course is also a great first step if you are interested in enrolling onto an accredited Functional Skills English qualification.

**This course starts on Tuesday 10 September 2024**

**06 : 02 : 56 : 40**  
days hours minutes seconds

This is a 2-week course running in the evenings from 6pm to 8pm. The course starts on Tuesday 10 September and finishes on Tuesday 17 September 2024.

The course will be delivered on Microsoft Teams in a virtual classroom. You will be sent a link for Microsoft Teams to join online with a small group of adults, led by a tutor.

## How to register your interest

Please click on the button below to complete a short online form to register your interest. Please include the course title when submitting your form.

You must be at least 19 years old living or working in Central Bedfordshire or Bedford Borough to attend this course.

Register your interest for the Confident Speaking course

Please click on the below link to register your interest:

<https://news.updates.centralbedfordshire.gov.uk/C7C47565375601CA6C2059095DD279262CA0FDDB179F1E49C2C07EC37FA95FF7/72F3F7436DAF E31D3132F707FB4C545E/LE35>



# 10 Top Tips for Parents and Educators

## SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

### 1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.

### 2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.

### 3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.

### 4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.

### 5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.

### 6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.

### 7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.

### 8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.

### 9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.

### 10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.

## Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/supporting-children-going-back-to-school>

# 10 Top Tips for Parents and Educators USING AND REVIEWING PARENTAL CONTROLS

Phones and computers are essential parts of children's lives, but with unfettered internet access comes a multitude of risks. While not foolproof, parental controls can help with this; filtering out inappropriate content, limiting the ability to spend real money, capping screen time and generally making devices safer for young people.

## 1 KNOW THE TYPES

While parental control software can apply to an entire device, it also pays to know about options on individual apps and websites. TikTok, for example, has Restricted Mode for limiting unsuitable videos, while Snapchat lets you keep an eye on who a child has been talking to. Check the settings of any new app young users want and review your options.

## 2 COVER ALL DEVICES

Knowing what parental controls cover is crucial, as remaining unaware can run the risk of 'blind spots' in the device's safety measures. Controls on a phone will apply whenever a child's on that device, for instance – but you'll want to ensure that parental controls are set up across any laptops, tablets and potentially other phones, too. Remember, buying a new device may require you to set everything up again.

## 3 DON'T NEGLECT SHARED TECH

While children often have their own devices, if you have a shared family computer or tablet, for example, you'll need to make sure that's not a weak point in your safety measures. Parental controls for your router, that cover everything connected to your Wi-Fi, are one option – or you can just be thorough with each device and online account. Just ensure that unprotected laptops, phones and tablets are password locked.

## 4 CONSIDER TIME CONTROLS

Even safe internet content can be harmful if it's viewed in excess. Not only are certain apps addictive enough to distract from other duties, but late-night usage can badly disrupt sleep, which is vital for adolescent brain development. Most parental controls offer some kind of time limit – either blocking access at certain hours or capping the number of minutes it can be used per day – so be sure to consider these.

## 5 BLOCK APP SPENDING

Seemingly free apps can sometimes include microtransactions: purchases that can be made using real money. While plenty of developers implement these fairly, some companies attempt to manipulate children into paying for additional features or content, which can soon add up to hundreds of pounds if a child gets carried away. Thankfully, iOS and Android's settings allow you to block in-app purchases, preventing any huge bills.

## 6 NO CONTROLS ARE PERFECT

Parental controls can be very useful, but they're far from infallible. Some unpleasant content can and unfortunately *will* slip through the net, so remember that setting up these measures isn't a substitute for taking an active interest in young people's digital lives. Talk to them, and make sure they're aware of the risks of the internet as well as its benefits.

## 7 MIND THE GAPS

There'll undoubtedly be some gaps in parental controls, no matter how thorough you intend to be. For example, if you use router-level parental controls, bear in mind that these won't cover WiFi outside the home. For that reason, it's important to keep an open dialogue with children about the many unpalatable aspects of social media and the web.

## 8 KEEP THINGS SECURE

Some children can react poorly to parental controls and feel tempted to circumvent them. It's important to ensure that the passwords to these settings remain unknown to children, otherwise they can easily modify the restrictions without you knowing. Similarly, make sure your phone isn't left unlocked and unattended.

## 9 REVIEW CONTROLS REGULARLY

Parental controls shouldn't be a 'set and forget' deal. Not only can parental summaries provide you with a frequent overview of a child's digital life – to let you spot any warning signs – but companies often add new features, and some of these may be useful to enable (or disable). Regularly checking in ensures that if a child has found a way to wiggle out of the controls, you'll be the first to know.

## 10 KNOW WHEN TO LET UP

The parental controls you install on a computer for a seven-year-old probably wouldn't be appropriate for a child of 16 – and as young people approach adulthood, bubble wrapping the internet can do more harm than good. Consider relaxing parental controls as children get older, so they can learn to manage the risks of the internet themselves, without so many training wheels.

## Meet Our Expert

Alan Martin is an experienced technology journalist and the former deputy editor of technology and internet culture website Alphr. Now freelance, he has contributed articles to publications including the New Statesman, CNET, the Evening Standard, Wired, Rock Paper Shotgun, Gizmodo, Pocket Gamer, Stuff, T3, PC Pro, Macworld, TechRadar and Trusted Reviews.



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# EVERY SCHOOL DAY MATTERS



## Penalty Notice Fines for absence from school are changing

From 19<sup>th</sup> August 2024 Penalty Notice fines  
increase to £160 for each parent, for each child.



You can be fined if your child has  
a total of 5 days of unauthorised  
absences in 10 school weeks, for  
things like:

- being late after the register  
has closed
- truancy
- taking a holiday without  
permission from the school
- or if a headteacher isn't satisfied  
for the reason for missing school

Over a rolling 3-year period the  
sanctions are:

- 1st offence – £160 reduced  
to £80 if paid within 21 days
- 2nd offence – £160
- 3rd offence – Court hearing  
and up to £2,500 fine, or  
up to 3 months in prison  
and a criminal record

For more information go to:  
[www.centralbedfordshire.gov.uk/missing-school](http://www.centralbedfordshire.gov.uk/missing-school)



# REMINDERS

## Start & Finish Times for September 2024 – July 2025

Year	Start time	Finish time
Years 3 & 4	8.40am	3.00pm
Years 1 & 2	8.40am	3.00pm
Reception	8.40am	3.00pm

**PLEASE FOLLOW THE WAY SYSTEM AROUND THE SCHOOL, EVEN IF THIS MEANS YOU WALKING BACK AROUND THE BUILDING FOR A 2<sup>ND</sup> LAP.**



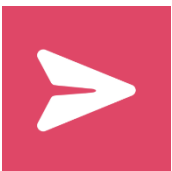
### **Change of contact details/address**

If you have changed your address or phone number recently, please let the school office know your new details. Thank you.



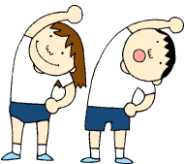
### **Absences/lateness**

***Can all parents ensure that all absences are reported to the School Office by 9.30am on the day of absence.*** It is also very important for the school to know if your child is sick, or if they have a medical appointment. If your child arrives into school late (after 8.45am), Parents are asked to please bring their child to the school office.



### **School App**

We now have a new school app. It is available to download free from the App Store on any mobile device. Search for '**reach more parents by weduc**'. Please be sure to download the app onto your phone as it will be our main method of communicating via text with Parents.



### **PE Kit**

**September 2024** – Please can all children bring in their PE kits at the beginning of the week so they can change into them during school time on their nominated days.



### **School Lunches**

Ordering and paying for school lunches is now done on [www.parentpay.com](http://www.parentpay.com). Parents should have received letters that features login details. Please order all school lunches by Thursday for the following week. If you have any queries, please call 01908 615705.

**Beaudesert has a strict 'No Nuts' policy, and we ask parents to not send in food items such as peanut butter, cakes or biscuits that may contain nuts!**



### **Breakfast Club and After School Club**

Advance bookings for **both the Breakfast club and After School Club** need to be made online at <https://www.kidzzoneclub.com/>. For same day bookings please can parents email [hello@kidzzoneclub.com](mailto:hello@kidzzoneclub.com) or call their office on 01525 591036 (between 9am and 3pm). Please note a parent/guardian must complete a 'Kidz Zone' child registration form either online via the website or with a member of the Kidz Zone team for the booking to be accepted – this information is required to meet Ofsted regulations.



### **Bikes and Scooters**

**Please can everyone remember to dismount bikes and scooters whilst on the school grounds, as accidents can occur on pathways at busy times.**



### **Car Parking**

Just a reminder for some parents when parking outside of the School that it is very important to park as considerately as possible. Parents and carers dropping their children off at school should not be parking on pavements. Car number plates may be reported to the Police if this continues to happen. Can parents also remember that parking in the Staff car park or the Kitchen car park is also not permitted. Thank you.